



Delivering a smile  
to needy children

# SEPTEMBER 2008 CONVOY TO BULGARIA NEEDS LIST



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CWUHA have for the last 13 years have been delivering humanitarian aid to orphans and poor families in Eastern Europe. Using vehicles loaned to us free of charge from Parcelforce, Royal Mail and BT we have sent 30 convoys and delivered nearly 2,000 tonnes of aid.

Our next convoy is in September 2008 when we will be sending several vehicles to rundown orphanages and health centres in Bulgaria one of the poorest country's in Europe. You may have seen the recent TV documentaries highlighting the plight of the abandoned children of Bulgaria. These programmes have made us even more determined to try and help these unfortunate youngsters. Can you help?

## Items urgently required:

ITEM	ITEM
<b>Clothing:</b> Boys & Girls (New) 0-18 yrs Dresses, Trousers, Sweaters, Leggings, Tights, Socks, Underwear, Nightgowns	Food supplements (milk powders, weight gain powders)
Winter & summer jackets (New) 0-18 Yrs	Pushchairs - wheelchairs - walking frames
Towels and face cloths	Soap & Shampoo
Winter Boots (new) Boy & Girls (new)	Towels (new)
Pasta, rice, lentils, beans, sugar (In date March 2009)	Feeding bottles (They currently drink out of old beer bottles) - New
Stimulatory or sensory toys (the children desperately require some form of stimulation).	<b>Bedding</b> (new): Pillows, pillow cases, sheets, blankets, duvets & covers.
<b>Medical Equipment:</b> ❖ Automatic injection machines. ❖ Machines which automatically administer the correct dosage of medication to bedridden patients. ❖ Blood cleaning machines ❖ Dialysis machines ❖ Modern baby scales. ❖ Incubators	<b>Stationary:</b> ❖ Pens & felt pens, ❖ Pencils, erasers & sharpeners ❖ writing & sketching pads ❖ A4 paper & coloured paper ❖ Paper glue ❖ Scissors ❖ Watercolours
Audio equipment (CD Players)	Nappies (Terry Towling)
CD Players	Cots

Please note that due to health scares the authorities in most East European countries are now requesting that only new clothing, shoes and bedding be brought in to their countries.

If you can help or require more information on CWUHA, please visit the [CWUHA Stand](#) or contact:

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