

Help & Advice



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We want to hear from you. Please send any contributions to the Editor at the above address. Without your input this newsletter will not work.

**CWU NW
Retired
Members
Forum 2008
29th Feb
Mechanics
Institute
Manchester**

The North West Regional Retired Members Council aim to provide advice and assistance to CWU Retired Members on as many issues as possible. The following help lines may be of use to you or to a Retired Member you know. If there are any other organisations that you think we should include please contact the Editor of the Regional Retired Members newsletter with your suggestions.

Age Concern (England)

Astral House
1268 London Road
London
SW16 4ER
Tel. 020 8765 7200
Fax. 020 8765 7211

National Pensioners Convention

National Pensioners Centre
9, Arkwright Rd, London, NW3 6AB.
Tel. 020 7431 9820
Fax. 020 7431 9830

CWU Legal Services Helpline

0800 8046674.

Alcoholics Anonymous – www.alcoholics.anonymous.org.uk

Liverpool
Telephone 0151 709 2900
8.00am to midnight
Answering machine at other times

Manchester
Telephone 0161 236 6569
11.00am to 11.00pm daily
Answering machine at other times

Blackpool
Telephone 01253 - 792632
8am to 11pm Daily. Answering machine at other times

MIND (Mental Health) – www.mind.org.uk

MIND helpline 0845 7660163
Mon-Fri 09:15-17:15

CRUSE (bereavement care) – www.cruse.org.uk

Cheshire Branch 0151 357 3235
Cumbria Area 07071 780 761
Greater Manchester Branch 0161 236 8103
Lancashire Area 01772 431 631
Wirral Branch 0151 609 0160

DWP - Department for Work and Pensions: www.dwp.gov.uk